



THE CATHOLIC  
HOMESCHOOL  
*podcast*  
with Paola Ciskanik

# How to Understand Your Temperament

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With Laraine Bennett

Hello, and welcome to the Catholic Homeschool podcast. I am your host, Paola Ciskanik and today's guest is Laraine Bennett. And I am so excited for this because you know, it's something very close to my heart. And you'll hear me talk about very often, but it's... do our children, and do we, come into this world a blank slate just to fill up? Or maybe we have predetermined tendencies or things that God has planted in our hearts to give him the glory. We're going to dive deep into the temperaments that God gave you.

Hello, Laraine, how are you? So glad to have you here.

**Hi, thank you so much for having me on your podcast. Your show. Thank you.**

So good to have you here. I was telling you before we went live. So, this is like a meaty subject, you know, because we've done podcasts Laraine before on educational philosophies, learning styles, teaching styles, and now we're going to be talking about temperaments.

So, I really want us, and I know that you'll be able to unpack for us, you know, those personality things that we keep coming up against and, and you know, why are my kids behaving that way? Or why is my spouse behaving that way? But before we dive in, let me get housekeeping here. I'm going to say the bio for those of you who do not know Laraine:

Laraine Bennet has a master's degree in philosophy and has co-authored six books with her husband Art. She wrote *The Temperament God Gave You*, *The Temperament God Gave Your Kids*, and *The Temperament God Gave Your Spouse*, amongst others. Also one solo book, *A Year of Grace, 365 Reflections For Caregivers*. And a little sneak peek here too, a game that we're going to talk about as well.

A game! Yay! Today, Laraine, let's talk about temperament. You know, let's just get right to it. What exactly is a temperament?

**Oh, well that's a great question. Great place to start too. Well. So, the important thing that we like to, to state at the outset in our books, you know, is, is that temperament is not the whole of our personalities. So, we're not trying to put people in boxes, you know, and say, you're stuck with this. This is it for you. Your whole personality boils down to this temperament. No temperament is actually that part of our personality that we say is God's gift to us to kind of kickstart our personalities.**

**So, every baby has a little budding personality as anybody who's a mom knows, you know, they're, they're different. You know, some babies are super chill, very easygoing. Other babies are intense and anxious, and they cry, you know, and they get overloaded. Well, all these are aspects of temperament. And so, temperament is that part that is nature that as opposed to nurture.**

**So, in our total personality, there's also, you know, so many other factors like, you know, our culture, like our family of origin, where we, you know, where we were educated, how many siblings did we have? You know, all these things, you know, our birth order, even. So, all these things are aspects of our total personality. Plus, the fact that we're always free. As we know, as Catholics, we're always free to respond to God's grace. So we're not like determined by our temperament or determined by our culture, let's say, or our environment or anything like that. We can always respond in the way that God is calling us to.**

**And we hope of course, to grow in holiness, you know, but anyway, it's the, I, the idea is though that if we know what our temperament is, we actually have kind of a clue as to already what our strengths and weaknesses are. So that's why it's so useful to know. And especially for homeschoolers.**

Yeah. Yeah. I mean, I love that. One of those things I always say to our homeschool families here is like, you're not perfect and your children are freewill, you know, because we think we can impose a curriculum or a design on them. And you're like, why is it? Or even we'll buy something. It works for one child, but it doesn't work for another. Yeah. So how does that actual those, you know, well, I know for example, there are all sorts of personality quizzes out there and this and that. Give me a little background. Like how did you actually come up with, where did it come from? And I know there's four, if I'm not mistaken for classical temperamental, you...

**Yeah. Well, so good question because yeah, it's, it's interesting. Well kind of going back to what, how we got started in it. We actually read, well, of course my husband is a marriage and family therapist, so he kind of knew about personalities and temperaments and things like that. But then we stumbled across this really old and really teeny tiny book written by, in 1930 by Father Conrad Hawk. And it was on the four classic temperaments going all the way back to the ancient Greeks.**

**So, the that's why we have the kind of the strange names. So, their Choleric or Choleric, some people say, Phlegmatic, Melancholic and Sanguine. And, and that's what I think Hippocrates himself maybe named though was the one who came up with those names. And, and we don't like contemporary psychologists. You know, they're not necessarily going to talk about the temperament in those terms, but we decided because there was this long history in our Catholic faith going way back, you know, back to the Middle Ages, even of saints and, and Pope's even, and spiritual writers writing about temperament in the, using these four classic names.**

**And they even used it originally, like going back to this 1930s book that we stumbled across, they used it in spiritual direction. So maybe in formation of priests originally, or maybe monks, you know, who knows.**

**And so, yeah, so we found this book and we were like, wow, this is brilliant. And there wasn't anything, you know, in like for contemporary parents, you know, up to, you know, for us, you know, to, to learn about either ourselves or our spouses or our kids. And so that's why we ended up, you know, writing about temperament. So, we did a ton of research and all that kind of stuff, but yeah. So that's how...**

Yeah. So ancient wisdom. I love the fact that you're saying, you know, it's really layering in, I think the difference here is, again, there's all these different personalities things. It's where does God play? You know, where is he playing that role within that temperament standing of it?

**Well, and he made each of us different and unique, you know, but he also started us off with what we say is, you know, God's gift to us and we, we aren't all the same. And that's the thing that's so interesting.**

**Like when you, I, I think it's maybe original sin, you know, human nature that a lot of times we tend to assume that other people should respond the same way we respond. And then when they don't, we judge them harshly, you know?**

Right, right. I know when you gave a talk at, you know, one of the things of course, and parents who are listening to this can relate to how, you know, we relate to our spouse, but also to our children and just we're sometimes so formal, you know, like why are they even behaving that way? Yes. So, let's go through the four, give me, you know, I know we'll talk about where people can combine Resources and all, but kind of a nutshell snapshot.

**Yeah, exactly. And keep in mind that most people are, have a pre like a one primary of predominant temperament and maybe a secondary temperament.**

That's what we, we think. But anyway, so Choleric or Choleric, that's your kind of type a personality than natural born leader. They love to take charge. They also don't have to know anything about what they're doing in order to take charge. They just dive right in, you know, full of confidence, very driven to follow through very goal oriented, very, you know, persevering and that sort of thing.

And, and then the exact opposite of that temperament is the Phlegmatic. So, where the Choleric is like hard driving and wants to take charge, the Phlegmatic is like very easy going, very peaceful, very they're lovable. Like you just love to be around the Phlegmatic because they're just so they're just so easygoing and so chill, you know, and, but they don't want to take charge. They can be excellent leaders. Like we say, they could be the best leaders. They can be servant leaders, you know, but they have to be encouraged to take charge.

So, they're not, you know, they're just not naturally inclined to take charge. They'd rather just fit in, you know, and just have everybody going along very smoothly. You know, the Choleric over here, arguing and debating and, you know, taking charge. And then the Phlegmatic just wants to have a very easygoing, you know, just very smooth flowing relationships with everybody.

And then there's the Sanguine. Sanguine is your classic people person. So, they're the most extroverted of all the temperaments. And they just love to be around people. They're very active, very out, very outgoing. They're very sociable. They just love to try and take on new, new, new ideas, new, new activities all the time. In fact, they're kind of like butterflies that flip from flower to flower, you know, and then they have very quick intense reactions, but they also have, they're not long-lived reactions. So, they tend to be forgetful at the same time.

And this is all part of their natural temperament. So, they might, if you have a Sanguine child, he's running out the door and he forgot his books, or he forgot

his sports equipment, or any has come running back in to get the things he forgot and then gets distracted along the way and starts to play a game. So, these are kind of natural inclinations they have.

And then the, the last type is the Melancholic. And that is the most introverted of all the temperaments. So very intro introspective, very introverted, very, they tend to be very artistic. They have intense reactions, but they don't necessarily show other people, their reactions. They're very inward. They are very detail oriented, a lot of attention to detail. They're very precise. They follow the rules. They have very high ideals. In fact, it said about the Melancholic that they so long for heaven, that everything on earth falls short. I mean, they can be easily disappointed with other people because there, or, or activities or things or whatever, because it's not measuring up to their ideal.

And they also can fall prey to worry because they can foresee all the future obstacles, you know, that might be potentially happening with whatever, you know, plan of action they're taking. So, they are just, you know, delightful tend to be very artistic, musically inclined, thoughtful, sensitive, very sensitive people. So that's kind of the four in a nutshell.

Yes. Yes. So how in particular understanding those temperaments, and then you had said, you're going to have a dominant one. And so, he's probably a secondary underlying one. I know you did mention introvert extrovert just for our folks here. It's not always like that, that to clear cut. How would you define those words?

**Yeah, that's a good question.**

Because a lot of people will say, well, you know, I'm, you know, I, I love people, you know, it's not like I don't like people know it's an introverted person means that they, they tend to get their energy from being not alone, but they need to, they need to have that time to recover. If they were, let's say very social, they went to a party or whatever, then they need to recover it, you know?



**So, so like, when, if you have a Melancholic child, you wouldn't like necessarily send them out to play with, you know, 10 new kids they've never met before and just say, okay, bye, have fun. You know, drop them off there in the middle of a wild party. No, you know, they, they would need a little time to adjust. They might be slow to warm up.**

**And then afterwards, after they played or whatever, then they might want me to come back and, you know, have a, have some quiet time, read a book or something like that. Whereas the extrovert actually gains energy. Like the more, the more social activities they have, the more activities they have, the more they are energized, and they just keep on. They can just, they, they feel kind of like, like frustrated and, and something is amiss if they don't have enough activities going on.**

Yeah. It's interesting. One of my sons who would always wake up in the morning and just say, so where are we going today? What are we doing? As soon as his feet hit the floor.

**Yeah. And, and so you can see right now how, when you're homeschooling, you can, you can, you can kind of see that one size fits all doesn't necessarily work. If you have, you have many kids as most homeschoolers do, you're going to have to like, kind of tailor the curriculum.**

Yeah. So, I know you said you homeschooled for some time with your children as well. And how many children do you have Laraine?

**We have four kids and they're all grown up now, they're adults and they all are married, and they all have kids.**

So great. So, you've seen it all played out. I know I have seven and four, three of mine are married and I love seeing this next, you know, the next playing out. And I think, you know, some of the things I've seen as the fruits of that is because we've homeschooled, and we have the time to observe our children in their learning



processes now playing out in their ability to observe their own children and define things.

**Oh, absolutely. I think that's a really good point. And it's, it's so beautiful too. Isn't it to see you're your own, you're your own children's children. It's amazing. You know, it's, it's actually mind boggling that's even possible.**

**Yes. So much of what you said also plays into, for example, just one, isn't just choosing curriculum, but also choosing the, the learning environment as well as they just aren't expectations. That's a really good point because it's not like you have to have, you know, a new curriculum for each child or something that would be not cost effective, but we would, we would kind of tailor depending on the personality.**

**So, like you take your Sanguine, they're going to be, they're going to need a lot of activities, you know, and also just knowing what their temperament is. You'll also have a clue to what is going to be maybe a weakness in that, you know, like what is a potential problem area. And then you can kind of foresee those obstacles and kind of prevent it. So, ideally anyway, let's take the Sanguine...**

I like to say like get one or two self-knowledge is one of those beautiful benefits of homeschooling giving our children the time for self-knowledge. So, what are some ways we can help that with them?

**Well, like for example, I was going to take the Sanguine as an example, you know, because as I mentioned, they, they tend to be, you know, very active and it's one, one way you can, you can engage them very easily because they love their people, people, persons, you know, so you can there, if you do something with them or you engage them in a fun activity, you know, you can have the science projects going and all that kind of stuff. They're going to love that.**

**But there may be something that is a weakness for them is, is going to be perseverance. So, they, they have trouble sticking with, or even sometimes**

breaking down, you know, they have a project due in, you know, a month or something or a big project. They, they might need help breaking it down into manageable chunks that they can conquer, you know? So that would be an example once, you know, the temperament, you can actually foresee that obstacle for that one.

And another one might be like the Choleric, let's see, you know, they, they would be, they, they like to just knock things off. You know, it was like, check this off my list, you know, okay. Write an essay. It's done, I've finished it, but they may not have ever like, you know, check there is you can't just turn in your rough draft. You know what I mean? It's like, they might need to take a little time to go over it and you know, let's do a second draft, you know, and they don't like that.

They wanted to knock it off, you know, onto the next subject. You know, I want to get all my work done in the shortest amount of time or whatever, but they need to also know how to, you know, to do that, do their work well, let's say, or these are all kind of useful, little, little tips, you know, that you can learn when you, when you know their, their temperament.

And also, an interesting aspect of this is the parents' temperament. So, the parent and the child mixing, because it's very useful to know what your own temperament is because, so for example, let's say you are a Melancholic parent who is very detail oriented, very quiet, very thoughtful, very, you know, attention to detail and does all her work beautifully.

And then let's say you had a Sanguine child, and you might be thinking as a parent, you might be thinking what's wrong with that child, or am I doing something wrong? Ah! But no, it may not be anything. There may not be

**anything wrong with your child and you may not be doing anything wrong, but you just need to realize that this child is very different from you.**

**And so may need... you know, they're not just going to the Melancholic child. You could just, here's your, here's your task. You know, I need you to do a research paper on such and such and they're off and running and they're just, they're working hard and they're, they're being very careful in their subject, but the Sanguine is distractible. So, they might need help in that regard.**

So, there's this part I'm hearing you say that our own ability to recognize our own personalities has an effect in terms of what we expect from our children also, and as well as for our children to have the self-knowledge enough to say, even in just life skills and preparing them for when we launch them into world, you know, around, you know, is there, it seems to me in a home environment, very natural for us to do this I'm sure even siblings, how do they get along with each other? When do we start talking about temperament? You know, is this something that, that we want to like with our teenagers or younger, when, when do we start giving them that education as well?

**Yeah, that's a great question. Actually. It's funny because we started talking about it, you know, in our kids were probably too young to like, but I think they really start understanding maybe in middle school, I would say is, is when they can understand.**

**I used to do every once in a while, do a little class at our kids. So, we did, we homeschooled for about 10 years, but then we sent our kids to a very small Catholic school that started with seventh grade, and they didn't all begin at seventh grade. But anyway, the seventh graders I used to every once in a while stop in the classroom and we would, I was like a guest speaker on temperament, you know, and it was cute because they sometimes struggled to really see the difference between something that isn't been kinda natural to you, to you versus something that's in your environment.**

**So that, that's something that takes a little while to figure out, but you know, it probably in our game we have ages 12 and up, but we even played it with our nine-year-old grandson. So, you know, you have a smart nine-year-old, you can play the game.**

Right. But in terms of being able to, so it's also, I see it's in usage, you know, it's like anything else, building habits take time. So, I'd like to talk about virtue. You know, one of the things you mentioned where the saints, you know, maybe some examples of some personality, some saints, but how do we help our children grow in virtue?

**Oh yeah. Well, see, that's also where temperament does come in handy because once you know, what, what your child's temperament is, you kind of know already what their natural strengths are going to be, which could even be called natural virtues. And there are natural weaknesses. And then the opposite virtue would be what you want to focus on. You know, so, and, and, and there's ways to really encourage them to grow in these virtues that's age appropriate too. So, for example, the Choleric child is, has this tendency to argue and debate, and they're very stubborn and they can be very strong-willed, you know, so they can be kind of difficult at times, especially in their reactions.**

**And, and so one of the things we would encourage them to grow in the virtue of humility or docility also empathy is another virtue that they could use patients. And so, there's little ways you could, you could help them.**

**You could, you could teach them to not to respond. So angrily, for example, when their sibling, you know, is, is frustrating them or not to say already did that work when you're, you've asked them to do something harder, you did it, you know, you can ask them to respond in a more respectful tone. You know, you can work on that. You can ask them if they're older, they have younger siblings, you can ask them to help their younger siblings. And that way they will grow in patience, and they will also be more, become more empathic.**

**And then, so for the Phlegmatic, we didn't talk enough about the Phlegmatic. Phlegmatic seems like, oh, this is your wonder child. Right. You know, there's so feasible and easy going and you ask them to do they, they do their work, you know, they're just like, they just they're, you know, they're kind of like, you just get them started and here's your worksheets. And they fill them all out dutifully.**

**But they, they can also be so easy going that they're not that they don't really think about what their own goals are in life, their own, what, what things really matter to them. They might be just so getting along, you know, just willing to fit in that. They're not really pondering some of the more difficult questions about life.**

And so I, you know, psychology wise too, you know, you become more of like a codependent in a way, you know, some of these things you can see, I was like, there's this another Sophia Press book, Victory Over Vice that Fulton Sheen does. And it's like, are our virtues, you know, are boring. They can also be our vices, this kind of like double edge.

**That's really true. So true. Yeah. Yeah.**

So our ability to help them, as they say, launch them into the world with this, I think a, you know, you're bringing in the fact that, you know, our children can start to see it in play naturally even at a young age, but I don't think we give our teenagers enough credit to say they really do want to do noble things. Oh yes. Virtuous.

**Yes, exactly. Oh yeah. And there's just so many ways we can encourage that. The growth in virtue, just starting when they're, don't wait until they're teenagers, you know, start when they're really young, you know, with the small tasks that they can do and then connected to, to the virtue that you're trying to, to help them work on.**

Wow. I know I had listened to a talk that you and Art gave some time ago, a couple of years ago. And I think it was at the end, he mentioned that one of the saints that

talked about, you know, well, God, why didn't you give us all the temperaments?  
You know...

**All of the natural virtues. That's right, Saint Catherine. Yeah. Right. And, and he told her, he replied, and he said, because then you would not be charitable. Like you would not grow into charity. We have to know that we need other people. And by recognizing that we all have strengths and weaknesses, we become, we're kind of like more team players then, you know, we realize that, that I can depend on, you know, this other member of my family to help me out in, in different situations or whatever.**

Yeah. All the beautiful flowers in God's Garden.

**Exactly.**

But it's also that dependence on God. No, you know, there's things I, I, for a long time, I, I wished away my worrying.

**Oh yeah.**

At some point a spiritual director says to me, he's like Paola, it's in your genes. You can't get rid of it. Yeah. Look at it as a blessing. And it's like, of course, it's one of the, my go-to with God.

**Exactly, exactly. And like St. Jerome, for example, he was notorious for having a very difficult temperament. He was very critical and argumentative and all this kind of stuff. And he, I think he sent himself away to the, to, to, to be a hermit, you know, because so many clashes with so many people, but, but he ended up doing his greatest work, you know, translating the Bible. So yeah. So out of our temperament, God wants us to do something beautiful for him, you know, and for the world, I guess, other people and for God.**

Yeah, absolutely. Totally agree with you. So great. Well, I know again, one of the tendencies is for us to label things. I just want you to speak a little bit about that. You know, again, the temperaments, how's the best way to use them and then tell us where we can learn more deeply about that, you know, and get more information. Cause this is just really kind of scratching the surface. Isn't it.

**Right. Yeah. For sure. Yeah. Again, I can't emphasize enough that we're not, we're not trying to put people in boxes or label people. And the, the goal really is to kind of be understanding and accepting of our own temperament and also understanding and accepting and forgiving of other people. And once you realize that something is a temperament issue, that it's God's gift to them, you automatically are already more understanding and forgiving of them. You're not partially criticizing them for something. They can't really help but respond in that way.**

**You know, and yet we can also, we never stay stuck in there because the whole goal is to become more Christ-like to follow Christ, to grow in virtue, to hopefully grow in holiness and to do that, we need to learn how to respond in the most appropriate way in the most prudent way. And we need to teach our kids that as well.**

**So, you don't just always react in the way that your temperament might dictate because the reaction is just kind of hardwired into us, but it's not always the, the correct the most prudent, the most virtuous choice. Like I struggle with...**

In the sense that, so like how can we change some of that or is it more that we can just understand ourselves better?

**I think it's that we really try to grow in virtue, and we take on that obligation. We know that we have this tendency, but we don't just sit there. So, like, I'm, I've always been like, I'm also a Choleric. So, I I've struggled with being very impulsively, responding to something out of anger, you know, and many times I**



very inappropriately responded in a work situation, like arguing with my boss, what kind of, what, what, you know, what a knucklehead really, why would I do that? So, I had to like call myself to task, like to learn how to respond. Don't just knee-jerk reaction, which is what I was doing. You know? Like, why would I do that? You know, I do need to keep my job.

So, I had to like really learn some skills of, you know, like count to 10 or just whatever it is. Take a deep breath, you know, you know, think kind thoughts about my boss, you know, say pray for my boss. Like there were so many things that I could do, but so there's so many things you could do to try to grow in virtue. And it's never really, like, my temperament has not changed I still have that tendency, but I am slowly, slowly getting a little bit better at.

I love it. You say that Laraine, because we are pilgrims on this journey and our call to holiness is we're not this isn't perfect. We're not going to answer all our kids' needs perfectly. But like you said, you know, asking God and fusing God's grace into this equation. Yes.

**Right. Exactly. Going to confession frequently, whatever you can do mass every day. If you can.**

So, Laraine, before we start, we're wrapping this up. Show us some of the books again. I know I asked you if you have a few handy there and tell us the benefits of each one, so that one's more the general book.

**Can you see that? That's the first book, The Temperament God Gave You. You can find it at Sophia Institute. And then there's The Temperament God Gave Your Spouse, also at Sophia. And then this one you could get on Amazon, The Temperament God Gave Your Kids. A different publisher, how to motivate discipline and love your children. And it's actually a really quick read. So, this one is like very useful for homeschooling parents. I would say.**

Would you have to read the first one to get...

**No, no, no. I think you can read this one all by itself or, I mean, if you wanted to read this, one's a big one. I don't know if you could see it's kind of fat.**

And like you said, there's this journey ourselves. We're pilgrims. So, we need to get ourselves together. And then there's the game too, that you have it. There you go. Yes. Know Thyself. And it's just awesome. It's, you know, I love it because there's nothing like learning in fun. Come on really.

You know. So, it does come with these cards, which give you the little cheat sheets in there. I kinda like to think it's kind of like the apples-to-apples kind of game play it cards.

Yeah. You got to shuffle round the table. Yep. Yep. So, here's some cards. Yeah. Yeah. So, then you're, you're going around the table and just everybody has to put what they think one word.

So, some of them have different words, like, you know, slothful for some funny situations.

**Yeah. you have to pick, you're describing one person in it, rotates around the circle and who is so-and-so and then everybody else picks chooses from their hand, a team player or take charge or a party animal or princess and the pea. Some of them are, you are a little tricky. You have to, you know, kind of use your imagination, but that makes it fun. Right? Yeah. We...**

And at the end, the way you win that round is by...

**Yeah. Well, the judge picks each, there's a judge that rotates again, and the judge will pick the card. They like the best.**

**And then, so whoever's card was chosen, wins that round. They get the round winner card. So, it is just like apples to apples. And it is really fun. And as I mentioned, it says ages 12 and up, but actually we played it with our nine-year-**

**old grandson and he had a good time. He just had some of the words like he maybe had to ask, what does this mean? You know.**

Right. What a great way, because those key words are some of the words we use to describe the different personalities, fun way. They're learning themselves as well as, and also when you say it's kind of eye-opening that we have an idea of what we're like versus what other peoples.

**Exactly. Exactly. Yeah.**

We might be surprised That makes for the fun part of this game. Well, you have been such a delight, as I said, you know, I see so much of this, and we've had talks before about learning styles. This fits so beautifully into the idea that your child is, is not a blank slate.

They have inherent dignity with as their child of God, right. From the beginning. And you know, the temperament just shows us one of those other beautiful qualities. So, any parting words for us, Laraine, anything you'd like to leave these beautiful homeschool families here?

**Oh gosh. Well, just keep on homeschooling. I think, I think the world is getting crazy. It's getting harder and harder, you know, to probably so it's like, it's a, it's a wonderful thing that all the homeschoolers are doing. You know, just however much you can, you can make that individual kind of, kind of tailoring your learning experience to the child I think is, is a wonderful thing. You know, the, the melancholic can use that quiet time. They'll need, they probably won't like their Sanguine sibling making all kinds of noise in the same room.**

**So, you know, you could send them like maybe the Melancholic needs a room to, to work in quiet, whereas the Sanguine can be right in the middle of things, you know, and things like that. There's all kinds of ideas that you can, you can use to help tailor the learning experience to your individual different children. Yeah.**

**And that's how we bring the joy into it. I know everybody feels their call to holiness, just like where, you know, called the homeschool and maybe that path for ourselves giving up our own, you know, ideas of what it should be by bringing us all these different personalities of kids.**

So great. I want to thank you again, Laraine, you did mention to me that you have a new book coming out. So, before we leave, tell me about the new book and again, where we can get it.

**Okay. That's also Sophia institute.com where you can get the game and the other books, but it's called A Little Way of Living With Less.**

**It's reflections based on Saint Therese, the little flower, and it's about how can we declutter our lives and our souls to kind of focus on what matters, kind of get rid of some of the clutter that's in our lives. Yeah.**

That sounds beautiful. There is a lot of clutter with homeschooling as well, but never with books because you can never have enough books.

**Right, right. That's right. Oh, in my home, you know, here I am, my kids are all grown up and I still, some of the homeschooling things I've saved because I love them so much.**

Exactly, exactly. But right. It's and that's simply, we want a simple life. I think God is God's ways are simple, we tend to complicate it. So, I'm looking forward to that. But again, to our audience, all the links will be below this video. You can reach. I love I did that. We didn't mention, but you do have an online temperamentquiz.com. Great fun thing to do with your family. Get in there and see what you come up with. It's kind of eye-opening as well but gives you those tools to help you to all get along and be able to launch your children into the world.

Well, I want to thank you all. Please join us in the Catholic Homeschool Community. That is our free off Facebook place, where we gather together, we share these ideas. You can also reach us at the Catholic Homeschool podcast on our YouTube channel.

Please subscribe. Please invite all your friends. Invite people that are not even homeschooling because this is such like this beautiful temperament talk is something that we all can learn from and share. May God bless you abundantly. Thanks again, Laraine God Bless.

**Thank you so much. God bless.**

God Bless.